



GOLD NUGGETS



G.W.R.R.A.

REGION J – CHAPTER BC-A, VANCOUVER, B.C.

SEPTEMBER, 2002

I'm afraid we have little to report on in the way of motorcycle trips. Use of our faithful '91 has been limited to running around town on a couple of Saturdays. But, as lack of use of a motorcycle is not sufficient excuse to not fill this space I will relate our travels and experiences of the past month or so.

In late July Margaret and I traveled to Lake George, New York for a meeting of sand and gravel producers. Now, to many of you (probably all) there is absolutely nothing of note in the production of sand and gravel so you will probably find it remarkable that almost 200 people got together to discuss just that.

Lake George is located about 3 hours north of New York. We flew to Albany and took a rented car from there. Having waited too long to book a room at Sagamore Resort (saving us a bundle - Freudian slip?) we stayed at a motel. Lake George is a resort community with motels and t-shirt shops by the dozen. The lake itself is perhaps 40 miles long by 1/2-mile wide and surrounded by the Appalachian Mountains. It is a beautiful location. While there we visited Vermont, or rather drove through a portion of the state, and spent time at Fort Ticonderoga. This fort controlled traffic on Lake Champlain and down the Hudson to New York. It was first used by the British and Americans to hold back the French and then by the Americans to push back the British.

Lake George hosts, or at least did this year, Americade. There were still Americade 2002 t-shirts around. There were also a number of "wings" passing through town along with many Harley's and other makes. When you own something you always notice others of the same family.

Shortly after returning from Lake George Margaret traveled to Williams Lake to spend a week with our daughter and her family. I completed two viewings of the fireworks with customers and then left for my annual fishing trip to Alaska. As in the past I flew to Seattle where I met the customer that I take up there. From there it was to Anchorage and then to Port Alsworth (one hour west of Anchorage by small plane) to a fishing lodge. Over three days we caught trout, char, and grayling almost non-stop. Chest deep in rivers that were crystal clear surrounded by Alaskan mountains is indeed a wonderful experience. Seeing black and brown bears from the air

was a bonus.

One trip we repeated from the previous year was a one-day raft trip. Dropped off by plane we were left with a guide, fishing gear, lunch and an inflatable raft to drift down a river for the day, stopping where the fishing looked good. We saw 5 other people during the day and that was 5 more than we had seen the previous year – no planes or anything else. The fish were catch and release so you'll have to take it on faith that I caught a number of 20 inch plus trout and equally large char.

By the time you read this at the August meeting Margaret will have returned and will have accompanied me on yet another customer fireworks trip. We will also have completed one week's holidays out on the water and will be looking forward to another. Unfortunately we will be unable to report on any motorcycling other than occasional trips around town.

On Tuesday August 13 I managed to make my first Tuesday evening ride of the season. With 5 other brave souls we followed Ian McAlpine here and there, touching parts of Delta, New Westminster, Burnaby, Coquitlam, and Port Moody. It was a great evening with the appropriate number of stops at Tim Horton's. I'm sorry I wasn't able to make more of them through the season.

As I write this I've just seen Gord Auld off on our bike. Gord is riding escort for the Iron Man Race in Penticton the weekend of the August meeting. This is an event that I have not made as yet and had always said to John Plant that I would next year. I'm making the same commitment this year – hope I can keep it.

As we go through the shank of the season a couple of events are nearing. The Mount Baker run takes place the Saturday before the meeting. The other event is BC- D's Gold Run on the Labour Day weekend. This is the first year it has been held in Princeton and it will be a super show.

We still have a couple of months of riding weather left. Take advantage but watch the cooler weather and slick streets. End the season accident free!!!!!! **As always, safe riding and keep the shiny side up.**

Margaret and Barry

Chapter Directors: Barry & Margaret Irvine 604-597-8547
Ass't. Chapter Directors: Rick & McIvor 604-273-7282
BC-A Website: www.gwrra.bca.tripod.com

CLASSIFIEDS

For Sale (3)

2 White HJC CL10 Full Face Helmets Medium & Large
J&M HS-157 Elite Series Headsets, Anti Fog Visors
(New \$1000.00) Asking \$300.00 OBO
Call: Don Gorby (Victoria, BC) (250) 414-7279

For Sale (3)

A size medium Eclipse electric vest
Price: \$35.00.
Richard & Suzanne Knuth
knuth@shaw.ca

For Sale (3)

Honda Goldwing Aspencade 1984 in pristine shape.
Great plum/gold colour. Loaded. Has seen only fair weather
roads. Stored indoors its whole life. And winterized from Octo-
ber to April every year. Oil changes every 3 months when on
the road. Island bike its whole life. 129,000 k's. Runs great!
\$5,500.00 firm. e-mail me at: venture@shaw.ca

For Sale (3)

1982 GL1100 Goldwing Interstate. Mint condition, garage kept,
new exhaust, lots of lights and much more. \$4500.
Contact: Sharon & Bob, Squamish, B.C. Canada
lvtorde@mtn.net

For Sale (3)

1985 Goldwing Aspencade excellent condition,
Matching aluminum cargo trailer, With extras.
\$5,950(cdn) for both OBO. Could separate,
Call Nancy & Al (250)479-0971 leave message
Victoria, BC. Canada

For Sale (2)

1. Drag Specialties Outside Trunk Bag (Wineberry) \$15
2. Shoei Full Face Helmet (Wineberry) with headset. Clean \$100
3. New Auto/Truck "Hitch Hauler" Hitch mounted rear storage platform \$100
4. Black Bear Rug 6' x 5.5' \$195
5. 303 Hunting Rifle. Scope mounts and 40 rounds of ammunition \$50
6. Bicycle rack for RV with 4" x 4" bumper and spare tire mounted. \$15
7. RV spare tire mount for 4" x 4" Bumper.
8. JVC Black single CD Player (good shape) \$25
Bob and Hanne Hoogstins (604) 945-7701

For Sale (2)

J&M Helmet Headset. Part Number HS-8169-OF
For Honda Goldwing. Fits Open Face 3/4 style helmet. Like
new. Works extremely well. \$150.00
David Christmas 474-1142

For Sale (2)

European type of windshield for sale for a Honda Goldwing.
The windshield is cut down and is complete with a vent. It
came off of my 1997 1500 Goldwing. Asking \$25.00 Cdn. for
the vented windshield.....Thanks
Paul Cheney
Phone: (250) 380-6140
Victoria, B.C. Canada

For Sale (2)

1982 Seberg Jukebox — \$500.00
Meryl Davies
604-464-8179

For Sale(1)

1983 Honda Shadow 500 V-twin, shaft drive, 58,400 km.
Bike looks good and runs great. Has windshield and backrest.
Needs fork seals. It is a great beginners bike. Daughter has out-
grown it and has moved up to a 750 Shadow.
Asking \$1750.00 OBO.
Contact Cor De Vries at 250-386-5852, Victoria, B.C.
e-mail cdvries@shaw.ca

For Sale (1)

1995 Goldwing, 20th Anniversary edition, mint condition.
Garage kept 100 km. Pearl white, 3 year warranty, extra light-
ing. 604-322-3488, winwin@raidant.net

BIRTHDAYS

Sept	2 nd	Bob Hoogstins
	3 rd	Jan Bai
	12 th	Edward Drozdik
	15 th	Margaret Irvine
	19 th	Paul Shedegar
	26 th	Fred Wall
October	5 th	Sharon Auld
	10 th	Vicky Resch
	15 th	Pat Aldred
	17 th	Gord Auld

ANNIVERSARIES

September	28 th	Edward and Kathy Drozdik
October	18 th	Ron & Faye Seligman

CANCELLATION

The Bug Run scheduled to my country place the other side of Princeton on September 7th will have to be canceled. Out of the blue, company from England has decided to come and visit me and will arrive here on September 5th. If anybody is still interested we will include it in next year's schedule, and hopefully the relatives will stay home!

Meryl Davies

The following articles have been reprinted from Chapter D newsletter – as requested by Ron Seligman, who thought they warranted further circulation! No thoughts of plagiarism on the part of the Editor!

‘THE BEAT GOES ON’ / HOW TO SURVIVE A HEART ATTACK WHEN ALONE.

(We have run this article before but I think it bears repeating).

Let's say it's 6:15pm. And you're driving home (alone of course) after an unusually hard day on the job. You're really tired, upset and frustrated. Suddenly you start experiencing severe pain in your chest that starts to radiate out into your arm and up into your jaw. You are only about five miles from the hospital nearest your home, unfortunately you don't know if you'll be able to make it that far. What can you do? You've been trained in CPR, but the guy that taught the course neglected to tell you how to perform it on yourself.

Since many people are alone when they suffer a heart attack, this article seemed in order. Without help, the person whose heart stops beating properly and who begins to feel faint, has only about 10 seconds left before losing consciousness. However, these victims can help themselves by coughing repeatedly and very vigorously. A deep breath should be taken before each cough, and the cough must be deep and prolonged, as when producing sputum from deep inside the chest.

A breath and a cough must be repeated about every two seconds without let up until help arrives, or until the heart is beating normally again. Deep breaths get oxygen into the lungs and the coughing movements squeeze the heart and keep the blood circulating. The squeezing pressure on the heart also helps it regain normal rhythm. In this way, heart attack victims can get to a hospital. Tell as many others as possible. It could save their lives.

THE DASH

I read of a man who stood to speak
At the funeral of a friend
He referred to the dates on her tombstone
From the beginning to the end.

He noted that first came her date of birth
And spoke the following date with tears,
But he said what mattered most of all
Was the dash between those years.
(1934 – 1998)

For that dash represents all the time
That she spent alive on earth...
And now only those who loved her
Know what that little line is worth.

For it matters not, how much we own;
The cars...the house...the cash,
What matters is how we live and love
And how we spend our dash.

So think about this long and hard...
Are there things you'd like to change?
For you never know how much time is left,
That can still be rearranged.

If we could just slow down enough
To consider what's true and real,
And always try to understand
The way other people feel.

And be less quick to anger,
And show appreciation more,
And love the people in our lives
Like we've never loved before.

The Dash, cont.

If we treat each other with respect,
And more often wear a smile...
Remembering that this special dash
Might only last a little while.

S, when your eulogy's being read
With your life's actions to rehash...
Would you be proud of the things they say
About how you spent your dash?

The Class of 2005

Just in case you weren't feeling old enough today, this will certainly change things. Each year the staff at Beloit College in Wisconsin puts together a list to try to give the Faculty a sense of the mindset of this year's incoming freshman. *Here is this year's list:*

The people who are starting college this fall across the nation were born in 1983. They have no meaningful recollection of the Reagan Era and probably did not know he had ever been shot.

They were prepubescent when the Persian Gulf War was waged. There has been only one Pope in their lifetime. They were 10 when the Soviet Union broke apart and do not remember the Cold War.

They are too young to remember the space shuttle blowing up. Tiananmen Square means nothing to them. Bottle caps have always been screw off and plastic and there have always been ball point pens.

Atari predates them, as do vinyl albums. The expression "You sound like a broken record" means nothing to them. They have never own a record player.

They have likely never played Pac Man and have never heard of Pong. They may have never heard of an 8 track. The Compact Disc was introduced when they were one year old.

They have always had an answering machine. Most have never seen a TV set with only 13 channels, nor have they seen a black and white TV. They have always had cable.

There have always been VCRs, but they have no idea what BETA was. They cannot fathom not having a remote control. They don't know what a cloth baby diaper is, or know about the "Help me, I've fallen and I can't get

up" commercial.

They were born the year that the Walkman was introduced by Sony. Roller skating has always meant inline for them. Jay Leno has always been on the Tonight Show. They have no idea when or why Jordache jeans were cool.

Popcorn has always been cooked in the microwave. They have never seen Larry Bird play. They never took a swim and thought about Jaws.

The Vietnam War is as ancient history to them as WW1, WW11 and the Civil War. They have no idea that Americans were ever held hostage in Iran. They can't imagine what hard contact lenses are.

They don't know who Mork was or where he was from. (The correct answer, by the way, is Ork). They never heard: "Where's the beef?", "I'd walk a mile for a Camel," or "de plane, de plane!"

They do not care who shot J.R. and have no idea who J.R. was. Michael Jackson has always been white. Kansas, Chicago, Boston, America and Alabama are places, not bands.

There has always been MTV. They don't have a clue how to use a typewriter!

COOLING DOWN IN VERY HOT WEATHER

By James R. Davis

Riding when the temperature is well in excess of 90 degrees can be dangerous to your health. Unless you take care to keep your body temperature under control even rides as short as an hour can result in heat-prostration or even sun-stroke.

Many riders know that if you keep your neck cool, because the large veins that feed your brain are so close to the surface, you greatly diminish these health risks. There are two very popular devices that are simple and effective in this regard.

One is called a 'cool collar' and is made from a tube of bandanna material that contains some water absorbing beads sewn into it. The beads increase in size about 50 TIMES over when they are dry. Thus, when dry, these collars store easily and take up very little room. But getting them wet is not as easy as it sounds. That is, you have to take a dry collar and submerge it in water for up to 1 hour before it has absorbed all the water it can. That hour is often not available to you when you need it.

The reason the collar works to cool you off is that it takes even longer for the beads to dry out than it did to get them

did to get them wet. That is, water will evaporate from them over a several hour period. Any evaporation activity cools - but only marginally so from the wearer's point of view. That is, within half an hour of putting one of these collars around your neck, even if it had been in a freezer before you put it on, the collar will be very nearly at the temperature of the air around it.

Far better than these 'cool collars', I have found, is the original design of them (sometimes called 'Kool Kollars'). These are usually made of terry-cloth sewn together in such a way as to contain a pocket into which a zip-lock bag is placed. These are filled with ice! This type of collar REALLY cools your neck as the ice melts, AND they drip cool water. That dripping leaves the front and back of your shirt sopping wet over time which provides a huge source of evaporation - i.e., it helps to COOL! At every pit stop you make you can refill the 'Kollar' with ice (just pour in a glass of ice water, ice and all).

The bead filled collar cannot be rapidly cooled again once it has gotten warm. Thus, you usually find that people that use them have two - one of which is always sitting in an ice-chest. One more way to handle high heat - those of you that wear skull-caps (helmet liners) can simply saturate them with water before putting them on. This works very well indeed, for about half an hour.

Further, of course, simply pouring water on your shirt helps a great deal - again, because it provides a huge area over which evaporation takes place.

While on the subject let me remind you that your wet shirt is not the only large area that evaporates - all of your exposed skin does the same. Thus, you NEED to DRINK lots of fluids too!!!

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What's Dangerous About Riding In Fog?

By James R. Davis

Have you ever been confronted with the need to drive in the fog? I can remember many many days of riding between L.A. and San Francisco where I found myself suddenly closed in by

a fog bank. Those were scary times, for several reasons.

If you cannot see two seconds ahead of you, of course, you should get off your bike. That's not an issue many would argue. What is, however, is the nature of accidents that you can expect if you ride in reduced visibility environments.

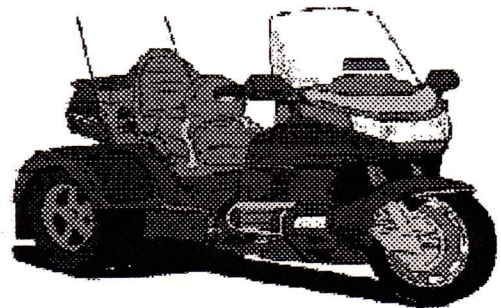
Besides what we all understand as risks (that you will ride into something you didn't see, or that somebody will ride into you, for the same reason), I suggest that the most serious problem likely to happen is that you will drop your motorcycle - for apparently no good reason.

It makes sense, actually. With limited visibility you are unable to see the horizon. Passing trees give you some hint of vertical, but not always reliably. Anyway, if you are in a curve and must stop quickly, you have no way of knowing if the bike is vertical when you get stopped! Before you know it you find the bike falling over and you are unable to stop it. All because you could not see the horizon, (even though you do not consciously look at it in order to gauge vertical.)

Who'da thunk such a thing?

Another interesting phenomena that a reader pointed out to me recently is that studies have shown that people tend to gradually increase speed while driving in the fog. I didn't know that and cannot recall that I have had that happen to me, but I certainly understand how it could happen. With any experience at all we tend to look at our speedometers rarely as we can judge pretty well what our speed is using the passing scenery for cues. In the fog those cues are unreliable.

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2002 ACTIVITIES CALENDAR

August

25 BC-A Breakfast Meeting

September

31/01/02 BC-D Gold Run

16 BC-C Dinner Meeting

22 BC-A Breakfast Meeting

October

02 BC-D Dinner Meeting

06 Vancouver Toy Run

13 Fraser Valley Toy Run

21 BC-C Dinner Meeting

25 BC-A Fun and Games Night

27 BC-A Breakfast Meeting

November

06 BC-D Meeting

18 BC-C Dinner Meeting

24 BC-A Breakfast Meeting

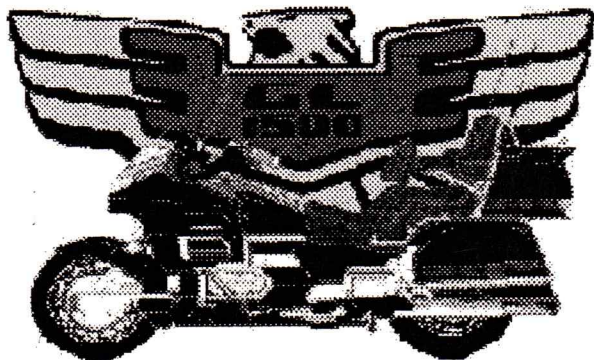
BC-C Christmas Dinner

December

06 BC-A Christmas Potluck Dinner

BC-D Dinner Meeting

16 BC-C Dinner Meeting



INVESTMENT TIP!

If you had bought \$1,000.00 worth of Nortel stock one year ago, it would now be worth \$49.00

Enron, you would have \$16.50 of the original \$1,000.00; with Worldcom you would have less than \$5.00 left.

However, if you had bought \$1,000.00 worth of Budweiser or Coors (the beer, not the stock) one year ago, drank all the beer, then turned in the cans for the 10 cent deposit, you would have \$214.00.

Based on the above, my current investment strategy is to drink heavily and recycle!!

EDITOR'S NOTE

Once again I'm drawing chapter members attention to the lack of articles contributed by same. This was the original premise of having a chapter newsletter. Over the last few months, such contributions have become non-existent. I think it defeats the purpose of the newsletter if I have to go scrounging for articles on the internet every month. Come to that, if I can do it, so can some of you.

You don't have to be a Pulitzer Prize winner to put something together for the magazine. Keep it simple is great. Please rack your motorcycle grey cells and see what you can come up with, that is, related to Goldwings!

M. Davies

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Phoenix 1-800-843-9460

"A"-CTIVITY CO-ORDINATORS

Sign-in Table	Margaret Irvine	604 597-8547
Newsletter	Meryl Davies	604 936-3358
Rider Educ. Courses	Ian McAlpine	604 990-4919
Mall Show	Barry/Margaret Irvine	604 597-8547
Fun Run	All members	
Camp-out	Pat Pearce	604 530-5133
Longest Day	Chris Maki / Don Smith	
Backyard BBQ	Barry/Margaret Irvine	604 597-8547
Mt. Baker Ride	" " " "	
Prog. Dinner		
Fun & Games	Committee	
Xmas Dinner	Committee	
Phone Tree	Margaret Irvine	604 597-8547
	Pat Armstrong	604 273-1004
	Heinz Blisse	604 937-3123
	Herb Broerken	604 574-7021
	Paul Wing	604-322-3488

If you can lend a hand, please contact Barry Irvine or anyone on the Chapter Committee



B.C. CHAPTER MEETINGS.

- 4th Sunday BC-A Vancouver**
Barry & Margaret Irvine 604- 597-8547
CB#33 ABC Restaurant,
2350 Boundary at Lougheed Hwy.
Breakfast 8am. Meeting 9:30am.
- 3rd Sunday BC-B Campbell River/Courtney**
Ernie & Halina Lambert 250-923-4871
CB#33 Popsies Log Grill @ 9:00am
1120 Ironwood St.
Every Tuesday @ Tim Hortons
Coffee @ 7:00pm.
- 3rd Monday BC-C Chilliwack/Fraser Valley**
Ken & Karen Thornton 604-826-0590
CB#33 Cross Roads Family Restaurant @ 6:30pm
1821 Sumas Way, Abbotsford. 852-1614
- 1st Wednesday BC-D Surrey**
Emery & Jenny Larocque 604-591-6460
CB#33 Ricky's @ 7pm. 152nd St./Fraser Hwy.
IHOP -19700 Hwy.10 Bypass, Langley
Friday 7pm.
- 1st Tuesday BC-G Kamloops**
Ron & Penny Marshall 250-573-4037
CB#33 Brass Kettle @ 7:00pm.1485 West T.C.H.
Coffee: West Rock Bakery, Thurs. 7:00
- 2nd Wednesday BC-H Dawson Creek**
Ken & Marion Guay 250-782-2959
CB#33 Hart of the North Café @ 7:30
Apr.-Oct. Coffee & Ride Wed. 7:30
- Every Saturday BC-K Kelowna**
Randy & Carol Werger
CB#33 The Specialty Bakery, 833 Finns Rd..
Kelowna. Every Saturday Breakfast
(8:00am Summer, 9:00am Winter)
www.ogopogo.com/bck
- 2nd Monday BC-P Prince George**
Henri & June Plouffe 250-964-3867
CB#33 Fortune Palace @ 6:00pm Peden Hill.
www.members.pgonline.com/~haggis
- 2nd Sunday BC-V Victoria**
9am.Nov-Mar. 8:30am.Apr.-Oct.
Garry & Monique Shrive 250-380-4624
CB#33 Princess Mary Restaurant,
358 Harbour St.Victoria.
garryshrive@home.com

Please Plan On Joining Us:

The Fourth Sunday of each Month

ABC RESTAURANT
2350 Boundary
(Boundary Rd. at Lougheed Highway)

Breakfast at 8:00am.
Meeting at 9:15am.

*Enjoy breakfast with new and old friends, or come
for a cup of coffee before the meeting.*
See you there!

NEWSLETTER ARTICLES

**Deadline for articles to go in the newsletter
is one week prior to the monthl.y newsletter.**

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