

# GOLD NUGGETS



G.W.R.R.A.

REGION J-CHAPTER BCA, VANCOUVER, B.C.

APRIL 2002

# SHINY SIDE UP Barry & Margaret Irvine

Daylight saving only one week away! Crocus, daffodils, and tulips heading rapidly towards budding!! Increasing numbers of motorcycles on the road!!! All sure signs that the riding season is just around the corner.

Last month I had noted that Margaret and I were planning on licensing the bike in late February or early March. The change in the weather killed that idea. We're just not up to riding in sub freezing temperatures.

The chapter social event of the month was dinner at the Old Spa-

ghetti Factory in Gastown, 12 were in attendance for a great feed. Chris, Joan, Kristen, and Thomas Maki along with Kristen's friend Krista and Margaret and I met at the Sky Train station at the end of the line in Surrey. None of us take the

Train that often so it was fun doing it again. Kristen and Krista made it into a fun ride for them. Arriving at the downtown terminus we found that there can be quite a difference in weather from one part of Greater Vancouver to another. Dry in Surrey, raining in Vancouver and very cool. The two blocks to the Spaghetti factory found us sprinting from canopy to canopy to stay out of the rain.

It has probably been 20 years since Margaret and I had been to the Gastown Factory. The restaurant was full but, thanks to having more than 6 in our group, we had a reservation and were whisked right in. The food was plentiful and tasty with the meal being enjoyed by all. Also in attendance were Kelly and Linda Parkes, Gary and Marlene Robins and Ian and Kathie McAlpine.

The 2002 riding season starts for real with the WA-E Early Spring Fun Run. We will be meeting at Denny's in Blaine (just across the

border at the Peace Arch crossing) for a 7:00 departure. We'll give stragglers a bit of extra time. Then it is off to Everett for what will be another great ride. The scenery in North West Washington is absolutely beautiful and different every year. This year the ride ends up in La Conner at Maryotte Honda so we should have a chance to do a brief tour of the tulip fields on the way home, assuming we don't get by them during the ride. The weather will hopefully not be a repeat of last year's snow, sleet, hail, rain and sun at pretty cool temperatures. If you don't want to ride then hop in the car and come along. Lot's of people do.

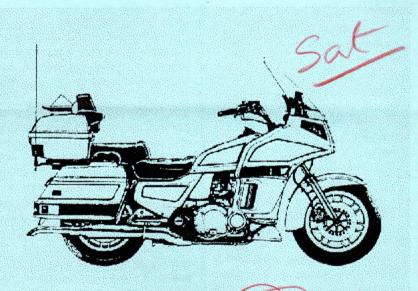
On April 20 and 21 we will be joining with Chapter BC-D for ERC training. For those of us who park the bikes for the winter rust normally sets in and the first few rides of the year are at less than our best. Make sure you use the ERC course as a way to get back into

shape. It is a must for the serious motorcycle rider.

On May 4th (to be confirmed) we will be holding our bi-annual first aid course. We will travel to Sechelt on the early (7:20 am) ferry out of Horseshoe Bay. We'll travel the 20 minutes for Langdale to Sechelt where we will participate in a first aid course at Construction Aggregates pit in Sechelt. After the course we will get a chance to take a short run around the Sunshine Coast or to look into the many craft stores and cottages in the area. Then it will be back

onto the 6:20 pm ferry for Horseshoe Bay. Cost of the course is free to Chapter A affiliates, courtesy of Construction Aggregates and the Lehigh companies.

On the May long weekend Chapter WA-S is holding their annual ride at Soap Lake. We're trying hard to get a group together to go down. WA-S always arranges a great weekend. Soap Lake is not far from Wenatchee in the warm climate of the Washington "desert". The ride down follows I-5 to Everett and then takes Highway 2 east, over the Cascades. The scenery is great on the 6ish hour ride.



### **CLASSIFIEDS**

#### For Sale: (3)

2000 Tiny Mite Deluxe Tent Trailer. 90 Teal Green, cooler & cover, swivel hitch, large tires, spare tire, lots of extra chrome, new condition, only used 3 times. \$5,000 or best offer. Call Pat Alf\dred @ 604-463-3480 or e-mail pat-aldred@telus.net

#### For Sale (2)

New Front and Rear Avon GL1500 Tires. \$200 Shoei Wineberry Full Face Medium Helmet with Headset \$135 Bob and Hanne Hoogstins (604) 945-7701

#### For Sale (2)

Combi-camp tent trailer (Motorcycle size). Clean and in good shape. Inside storage compartment, cooler rack, spare tire & wheel. \$1850 firm. Full add-a-room for combi-camp tent trailer \$500 firm (will only be sold with the tent trailer or after the tent trailer is sold).

Bob and Hanne Hoogstins (604) 945-7701

# LATE MARCH/APRIL BIRTHDAYS

# **BIRTHDAYS**

April

1 Heinz Blisse

15 Don Smith

21 Maxine Wall25 Brian Davis

29 June Bahn

## **ANNIVERSARIES**

April

25 Ib and Ellen Mikkelson

#### Shiny Side Up (Cont'd from page 1)

For our regular Chapter meeting on May 25 we are going to do something really different. Along with riders fro Chapter BC-C and BC-D we will be traveling to Squamish for a sort of meeting. Sharon and Bob (Turtle) Patterson have arranged for our use of a restaurant in downtown Squamish. A hearty Squamish breakfast will be the order of the day so don't eat early. After breakfast we will have a choice of traveling on to Whistler, looking around the Squamish area or returning to Vancouver. No matter what option you choose it promises to be a great day. The ride from Horseshoe Bay to Squamish is one of the prettiest rides in North America.

BC -A's first ride of the season is the Bob Davies Memorial Fun Run on June 2. While we have seldom experienced really ugly weather, early June can provide some surprises. The route will take us through areas that many of us haven't seen for some time. This is always a great ride.

The next weekend is BC-A's annual Celebration of Rain at our Vedder River Campground. While weather for the Fun Run may vary, weather for the campout seldom does. But this year will be different. We have it on the best of authority that this weekend will be sunny and hot with the goal being to find shade. Good fun, good food, and a weekend at the foot of the mountains should be something you don't want to miss.

And that is the layout for the early part of the season. Make sure you set aside those dates and commit yourself to a great riding year.

**Margaret and Barry** 

#### **Practice Makes Perfect**

by Robert Vaughan

Your skills are good. You ride every week. Last year you took the Riding and Street Skills course and this year you took the Experienced Rider Course. Turning around in the street, two-up, is a breeze. And you do your SIPDE so well, watching 12-15 seconds ahead, that you can't remember the last time you had to do an emergency braking or swerving maneuver.

But perhaps the problem is that you are so good at avoiding using emergency maneuvers that you're out of practice. If you ride properly, you don't get to practice some of your skills on the street. That doesn't mean you should let them deteriorate until the next time you take a rider course. That's why they make parking lots. And you thought those painted yellow lines were just there to corral the cars. Their real purpose is to provide a marked area to practice so you can keep all your skills sharp—not just the ones you use every day. The same skills which degrade in a few months can be retuned in a few minutes of practice.

Quick stops are easy to practice on a good parking lot with a good surface. Bring your speed up to 15-20 mph, look at a distant object straight ahead, and squeeze the front brake while you press on the rear brake. You squeeze quickly, progressively and hard. Do not grab the front brake. If you keep the speed the same for several tries while you start braking at the same yellow line, you can measure your progress.

Now comes the fun part-swerving around an object. Recently, one study found that an expert rider could swerve as sharply on his Gold Wing as he could on a much smaller bike. Make sure you got your bank angle sensor replaced by Honda (for free) if your bike was recalled for that. If not, when your Wing dies after a sharp swerve, you will need to turn the key off and back on before you can restart your engine. If your sensor is a good one, you won't believe just how quickly you can swerve. Try swerving around an eight-foot wide obstruction (tennis balls cut in half) at 15 mph. Remember, do not brake or downshift while swerving.

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# **B.C. CHAPTER MEETINGS**

1st Tuesday BCG Kamloops CB#3

Ron and Penny Marchall (250) 766-1390 Brass Kettle @ 7.00pm. 1485 West Trans Canada Hwy.

1st Wednesday BCD Surrey CB#33

Emery & Jenny LaRocque 604-591-6460

Ricky's @ 7:00pm.

152nd Street and Fraser Highway

Fridays IHOP@7:00 pm Highway 10 Bypass, Langley

1st Saturday BC-K Kelowna CB#3

Randy & Carol Werger The Specialty Bakery 833 Finns Rd., Kelowna Every Saturday Breakfast (8:00 am Summer, 9:00 Winter)

2nd Sunday BCV Victoria CB#20

Gary & Monique Shrive 250-380-4624 DG's Rest @ 9:00am. 617 Gorge Road

2nd Monday BCP Prince George CB#8

Henri @ June Plouffe (250) 964-3867

Fortune Palace @ 6:00 pm

Peden Hill

3rd Monday BCC Chilliwack/Fraser Valley CB#15

Ken & Karen Thornton

604-826-0590

Cross Roads Family Restaurant 6:30 pm @ 1821 Sumas Way

Abbotsford

3rd Sunday BCB Campbell River CB#20

Ernie & Halina Lambert (250) 923-4871

Popsies Log Grill @ 9:00am.

4th Sunday BCA Vancouver CB#33

Barry & Margaret Irvine Vancouver (604) 597-8547

ABC (@ 8:30am.

2350 Boundary at Lougheed Hwy.

Please plan on joining us:

The Fourth Sunday of each Month

# ABC RESTAURANT

2350 Boundary (Boundary Rd. at Lougheed Highway)

> Breakfast at 8:00am. Meeting at 9:30am.

Enjoy breakfast with new and old friends, or come for a cup of coffee before the meeting.

See you there!

# NEWSLETTER ARTICLES

Articles for the April Newsletter are due by March 13th, 2002 Meryl Davies, 2231 Haversley Avenue, Coquitlam, B.C. V3J 1W3 (604) 936-3358 Or E-mailed to: Meryl Davies@telus.net

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Once you bring these two skills up to par, it's time to put them together. Quick stops on a curve require you to (1) straighten up before you (2) brake hard to stop. Let's look at that order again. First press on the handlebar near the outside of the curve. (If you're turning right, press left.) Press until the bike is completely vertical. Be sure to straighten the handlebars as the bike straightens up. Once you are straight, all your traction is available for stopping. Look at a distant object straight ahead, and quickly and progressively squeeze the front brake while you press on the rear brake.

You have just put two skills (swerving and stopping) together (but not too closely) to practice quick stops on a curve. Now you're ready to go out and face the world again, much better prepared than when you rode into that parking lot. You've tuned yourself up for another few months.

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#### **Group Riding**

When you ride in a group it is unquestionably your first priority to take care of yourself - to ride within your limits and the limits of your bike, regardless of what the rest of the group does. That's often been described as 'Riding your own ride'

But you ARE in a group and that means some new responsibilities and behaviors apply. You ride at the speed the group rides, you stay in the lanes chosen by the lead bike, You stop when and where the group stops. Sounds a lot like you are riding THEIR ride as much as your own, doesn't it?

In business, management has recently come to realize that 'team work' is not always the best way to get things done. Sometimes it is better to work as a group of collaborators than as a team. A motorcycle drill team is a clear example of team work - everybody is expected to do no more nor less than what is required by the boss to get the job done. Independent thought is valued, but only to the extent that it contributes to the team doing its job.

When riding in a group there is certainly some team work going on, but each and every person in that group is expected to 'ride their own ride'. Doesn't that sound just a little bit different to you than each person being expected to do whatever it takes to make the team effort successful?

In collaborative efforts the assumption is that each individual is expert/proficient in some specialty while generally being able to function in team efforts. That is a very subtle difference in attitude. For example, in a collaborative effort, it is not unusual to find debate about what should be done next as each individual contributes based on their expertise. What IS unusual in a collaborative effort is that there is any rancor in these debates [well, there are sometimes rather harsh arguments, but the point is that each member is heard and contributes based on their specialty.] Each member RESPECTS the expertise of the other members and will generally defer gracefully to that expertise. Further, in a collaborative effort the group will do what the boss (lead bike) tells them to do unless there is a good reason not to.

The result is that almost invariably you have the best of the best from the best, though it looks like team work.

Back to motorcycling in a group ... some in the group have more stamina, some have better night vision, some have better navigation skills, some have better familiarity with the surroundings, some have better emergency preparedness or EMS training, some are better diplomats. You get the picture.

Respecting the skills and uniquenesses of each of the rest of the team results in getting the best of the best from the best. Respecting yourself is riding your own ride. Respecting the others is collaborative group riding. The group leader/ road Captain in a well functioning collaborative effort has certain responsibilities, each of the rest have theirs, and with respect, together they all decide on the best way to do things for the group.

Rather than the lead bike making all the decisions for the group, in a collaborative effort, he/she will consult with the others and give serious consideration to the expertise therein. Strategic decisions (destination) remain the leader's responsibility while tactical decisions (how) might well come from the members. Dictatorship it's not. Nor is it a drill team. Rather, it is a group of 'professionals' engaged in a cooperative effort designed for the benefit of all. Safe arrival and a good time with maximum contribution and participation by each may look like team work, but is more.

This is merely a proposed way to organize and function in a group. I posted it to invite you to think about it and, possibly, to create a new dynamic in how we all function when riding as a group.

#### Ride smart.

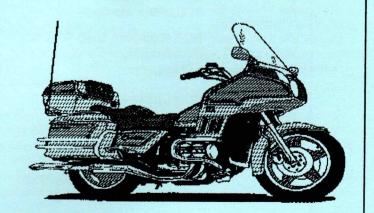
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# **CHAPTER COMMITTEE**

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	Ivan & Pat Armstrong	273-1004
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# "A"-CTIVITY CO-ORDINATORS

Sign-in Table	Margaret Irvine	597-8547
Newsletter	Meryl Davies	936-3358
Rider Educ.	Ian McAlpine	990-4919
Mall Show	Barry/Margaret Irvine	597-8547
Fun Run	All members	
Camp-out	Pat Pearce	530-5133
Longest Day	Chris Maki / Don Smith	
Backyard BBQ	Barry/Margaret Irvine	597-8547
Mt.Baker Ride	u u	ü
Prog. Dinner		
Fun & Games	Committee	
Xmas Dinner	Committee	
Phone Tree	John Plant	522-0951
	Margaret Irvine	597-8547
	Pat Armstrong	273-1004
	Heinz Blisse	937-3123
	Herb Broerken	574-7021
	Paul Wing	322-3488



2002 ACTIVITIES CALENDAR		
March: 24	•	BCA Breakfast Meeting
April: 03 11/13		BCD Dinner Meeting BCA La Connor Tulip Fest'l
15 20/21 28 * ????	•	and WAC Spring Fun Run BCC Dinner Meeting ERC Course BCA Breakfast Meeting First Aid Course—Sechelt
May: 01 04 04/05 18/19/20 20 26	*	BCD Meeting BCA, BCC, BCD Mall Shows Bob Merriman Governor's Run WAS Victoria Days (Soap Lk.) BCC Dinner Meeting BCA Breakfast Meeting in Squamish BCC Green Heart Run
June: 05 <b>02</b>		BCD Dinner Meeting BCA "Fun Run"
07/08/09 17 21	•	BCA Campout - Vedder Campground BCC Dinner Meeting BCA Almost the Longest Day of the Year Ride Can Am Rally (Osoyoos)
23 <u>July:</u>		BCA Breakfast Meeting
03 15		Wing Ding BCD Meeting BCC Dinner Meeting
27 28	*	BCA Backyard BBQ &Swim BCA Breakfast Meeting
August:		BCD Dinner Meeting
03/04/05	, ,	Region J/District BC Rally

**BCA Progressive Dinner** 

**BCA Breakfast Meeting** 

BCA Bug Run to Princeton

BCA Ferndale-Mt. Baker Ride

**BCC Dinner Meeting** 

**BCD Gold Run** 

10

19

24

25

07

September:

31/01/02

2002 ACTIVITIES CALENDAR

16 <b>22</b> *	BCC Campout BCD Corn Roast BCC Dinner Meeting BCA Breakfast Meeting
October: 02 6 Vancouver 13 21 25 * 27	BCD Dinner Meeting r Toy Run Fraser Valley Toy Run BCC Dinner Meeting BCA Fun and Games Night BCA Breakfast Meeting
November: 06 18 24 *	BCD Meeting BCC Dinner Meeting BCA Breakfast Meeting BCC Christmas Dinner
December: 06 *	BCA Xmas Pot Luck Dinner. BCD Dinner Meeting BCC Dinner Meeting

# **UPCOMING EVENTS**

Take part in Tuesday evening rides starting April 2.

On Saturday April 13 meet us at Denny's in Blaine at 7:00 am for a group ride to WA-E Early Spring fun Run.

Take part in ERC training Saturday April 20 or Sunday April 21. The practice you get will make you a better rider.